

CHANTAL'S DANCE
ACADEMY

**DATES TO RE-
MEMBER:**

- Santa Claus Pa-
rade Nov 23rd at
2 pm
- Recital Saturday,
May 30th
- Christmas Break
Dec 22- Jan 6
-

**INSIDE
THIS ISSUE:**

- Bring a Friend Week 2
- Dance Supplies 2
- Adult Classes 2
- Volunteers 3
- Parent View-
ing Week 3
- Meet our
Teachers 3
- Did you
know? 6

The Pirouette

VOLUME 7

NOVEMBER 2008 - CDA LINDSAY

Argo's Game !!

What a great turn out we had at the Argo's game. We sold over 200 hundred tickets and had a wonderful time! The students from both Lindsay and Newmarket studios were very excited! The electricity that they put out a few minutes before they were to go on the field was unbelievable. The students performed in front 28,674 people at the Roger's Centre. Even though the Argo's lost to a very close score, we had a memorable evening. Thanks to everyone that was able to join us!! Special thanks to Michelle at the front desk for organizing the tickets, rides, and all her hard work!



P.A Day Dance Class

Children love P.A days because they get to miss a regular day of school. However, children also hate P.A days because they often don't have fun things to do! Do you have this problem? If so then consider registering your child for Chantal's dance Academy next P.A day dance camp. The camp runs from 9-3 and costs only \$20 for the day. We will be offering extended hours if needed! Contact Michelle at the desk if you are interested in participating next P.A day.



Santa Claus Parade

This years Santa Claus parade will be held on Sunday, November 23rd at 2 pm. We are looking for volunteers from our students for this day to along side or ride on the float. Donations for candy would be greatly appreciated for the parade. Just let Michelle at the front desk if your child is able to volunteer!



**Just a reminder
that November
1st is the due
date for recrea-
tional costumes.
Please see Mi-
chelle and make
your payments.
Thank you!**

The
PIROUETTE

We have new CDA
TANK TOPS!



Classes....**MORE** Classes...and **SPACE**

Attention all parents who are fun loving and looking to get in shape! We are offering adult dance class this year! We are doing Adult Hip Hop and Jazz! The classes run all year and if the class is agreeable to it, we will be performing in the dance recital!

These classes will be fun, relaxed way to get into shape. You won't even realize how hard you've worked till the end because we'll be having such a blast! We are encouraging all of you to come and give it a try! Come talk to Michelle about the classes available!

Wedding showers, baby showers, any hall rentals!! Please think about supporting your dance studio when you hear people need to rent **SPACE!**

PROPER DANCE ATTIRE

Remember you can order dancewear through the studio! If you need new shoes, bodysuits or tights just ask at the front desk for more details! Make sure you have our registration hand-out that has our class requirements. Standard pink CDA bodysuit is the best for ages 3-5, and black tank bodysuits & beige tights for most other classes! Please allow 2-3 weeks for delivery.



**We also have
CDA T-SHIRTS,
PURPLE CDA
SHORTS AND
COOL DANCE
BAGS!**

Great Christmas
Presents!!

**ORDER YOUR
CDA GEAR TO-
DAY!**

Volunteer's Needed

Every year we do lots of events, like the Santa Claus Parade, photo day and of course the recital! And at each of these events we need lots of help to make sure it runs smoothly.

We look to you, our parents, for this help and we hope that this year we get lots of volunteers.

We want to thank everyone who took the time to help us last year. You helped our

photo day and our recital run as well as it did and we know we couldn't have done it without you.

If you are interested in volunteering for any of our events please see Michelle at the front desk for more information.



Parent Viewing Week

SECOND WEEK IN

NOVEMBER– Parent's get to view from the front of your child's class!! Come in and see how well your little dancers are doing! **WOW** what a progress from September. **ALSO** Meet & Greet with the teachers &parents! Make sure you know everything is sent out via emails.



PARENT VIEWING WEEK NOVEMBER 10TH TO 13TH

Santa Claus Parade

The **SANTA CLAUS PARADE is for everyone!** Please sign up on the sheet on the notice board! We will be doing the "Argo's" Combo– this combo will be reviewed in all dance classes so students will know it for the parade as well as future...

(FINALE!!)

All students will be doing a finale routine in the recital this year– no costume required– just a CDA t-shirt & free extra rehearsals will be announced close to the recital.



Christmas joy warms the heart

Chantal's Dance Academy

CHANTAL'S DANCE ACADEMY

8 Cambridge St. N
Lindsay, ON

Phone: 705-340-2006
Or
Phone: 905-252-8277

Chantal's Dance Academy is a fun and relaxed place for you child to learn the art of dance. We strive to maintain a fun and professional atmosphere. If you have any question, concerns or suggestions please contact the office and speak to our staff. We are here to help you!

You may also leave suggestions in our Comment/Drop Box in the front of the studio.

We are on the Web!
www.chantalsdanceacademy.com

Glossary of Dance and Theatre Terms

- **Arabesque:** (French) In ballet, a pose held on one leg with the other leg and both arms extended away and up from the centre of the body; also, positioning of the arms in relation to the legs. As with positions of the feet, each position is distinguished by a number, such as first, second and third arabesque.
- **Improvisation:** Movements that are created spontaneously by the dancer with or without specific direction, either individually or with other dancers. **Contact improvisation** is a form of instantaneous composi-

tion based on immediate response to body contact between dancers. Steve Paxton is the inventor of contact improv.

- **Pirouette:** (French) In ballet, a spin or turn of the body performed on one leg. Pirouettes may



Hanging Pointe Shoes.

be performed **en dehors** (turning away from the supporting leg) or **en dedans** (turning toward the supporting leg).

- **Spotting:** Maintaining a focal point while turning to prevent becoming disoriented in space.
- **Turnout:** A way of standing and using the legs that is initiated in the pelvis, where both sides of the body rotate outwards from the hips, away from the spine.

Impress your friends with you dancers lingo!

Taken from www.artsalive.ca