

**Chantal's
Dance
Academy**

The Pirouette

CDA Lindsay

Volume 10

March 2009

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Competitive Team Gala

The Competitive Team had their annual Gala on Saturday, February 28th at L.C.V.I high school. Many parents brought some great food to eat for our pot luck. Thank you to all.

The team lit up the stage with their well practiced routines. This was a great rehearsal for them, competition starts at the end of this month!

We had our silent auction, there was many wonderful donations. Thank you to Jeff and Angela Tompkins, Kristy Sager, Roxanne Cowan, Sandra Lovely, and Linda Hodgson. We had some special guests come to the Gala, we were very surprised to see Amanda Whitney and Katie Stockley former students and teachers at CDA. We are wel-

coming back Amanda Whitney this coming September, she will be teaching once again!!



Special points of interest:

- March 21st Indoor garage & bake sale
- Competition March 27th-29th
- No classes March break March 16th to 20th

Indoor Garage & Bake Sale

Just a reminder that our Indoor Bake & Garage Sale will be on Saturday, March 21st from 10 am to 1 pm. If anyone has any yard sale items they wish to donate please bring it in to the studio anytime and give it to Michelle. Also, if you would like to bring a baked good that would be great! We will be here

around 9 o'clock to set up, if you wish to drop something off! This is open to the public, so all are welcome!

We are also needing volunteers to help set up, work at the yard sale and clean up afterwards! Please let Michelle know if you wish to volunteer!



Lost and Found:

Please check the lost and found basket for any of your child's articles of clothing. We only keep them for so long and then they are donated to Good Will. The lost and found basket is located in the Main Office sitting area. Please take a moment to go through it. Thank You!

Water Bottles:

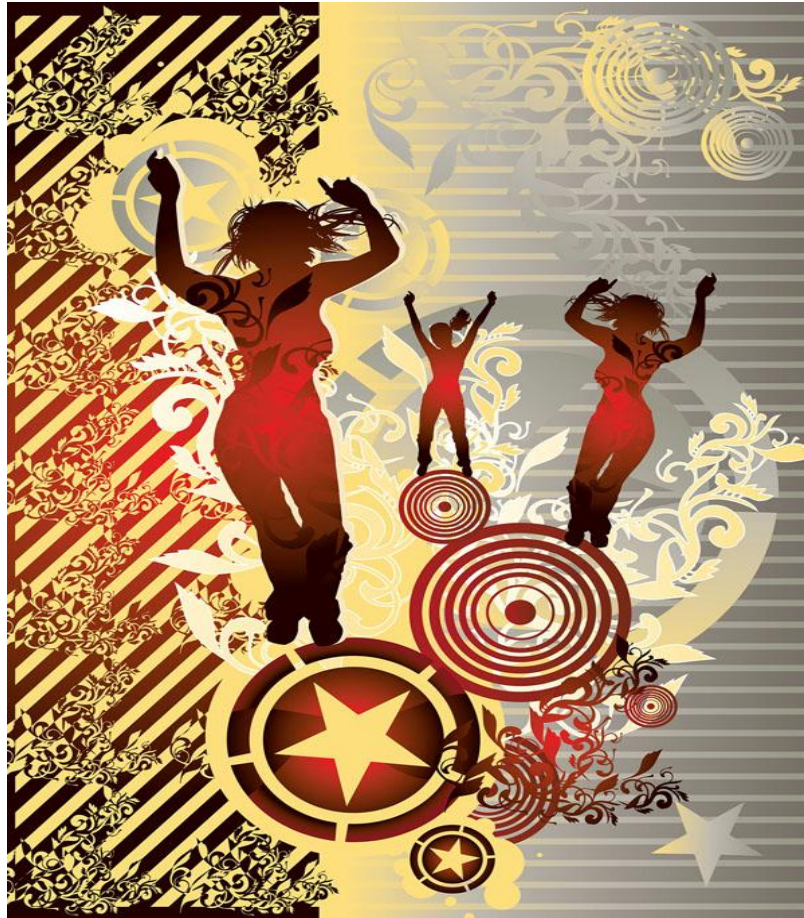
Water bottles are great and they quench our thirst, but please, just a reminder to not leave them every where. We have recycling boxes out for you to put them in.

If you can talk,
you can sing.
If you can walk,
you can dance.
~ African Proverb

Gum in the studio:

Please no gum in the studio. Sometimes it falls out while dancing or doing flips. Some of the students have expensive dance shoes and gum is hard to take off. Thank you for your co-operation with this!

Please help keep our studio clean by putting your waste into the garbage cans that are conveniently placed around the studios and main office areas. This would be appreciated!



The really great dancer is perhaps a rarer phenomenon than great musicians, painters or sculptors.

This is because dance is a consummation of all these arts. The dancer, in addition to the qualities that pure dance demands, must be sensitive to and have an uncanny ear for music, must have a painter's sensibility to the significant line, a sculptor's approach to form, an architect's vision of space and a trained actor's responses to dramatic situations.

~ K. Subhas Chandran

Comments From The Students!

CDA is the best dance studio because you make new friends and learn the talent of dance! Also the parent like it because you can leave them here for hours! ~Bethany Pethick

CDA is completely awesome, it's fun and enjoyable. Fun for everyone!!! You have to come and try it out!!!

~Jordyn King

Hi! CDA is so fun because you get to make friends, learn skills and get lots of cool costumes that you get to keep!!

~Natalie Amodeo

In CDA you have a blast. If you think the teachers are tough, they are just improving your skills. Dancing is my life, everything else is just the details!

~Kelsey Lovely

We welcome your comments...email Michelle

Dance every performance as if it were your last.

~ Erik Bruhn



Competition

CDA's Competitive Team is having their first scheduled competition from March 27th to March 29th. This will be held in Ajax at the J Clark Richardson Theatre. Our Competitive Team:

Natalie Amodeo, Brooklyn Cowan, Mallory Hodgson, Jordyn King, Kelsey Lovely, Alicia Mills, Bethany Pethick, Anderson Sager, Eloise Sharkey Grellet, Alaura Tompkins and Caitlyn Watson!

Our new comer to the competitive team, Caitlyn Watson is doing an awesome job, she had to learn the routines very quickly and I must say she is doing great!

Our Competitive Teachers this year are: Chantal Chrétien, Danielle Chrétien and Natalie Di Michelle.

If you happen to see any of these girls in the studio, wish them luck on their up and coming competition!!



Recital Tickets Info

Early Bird tickets go on sale in April. Tickets bought in April are sold at a discount for adults at \$15 per ticket. Tickets bought in May will go back to the regular price of \$20. Cost for children under 12 is \$10.

"To dance is to be out of yourself. Larger, more beautiful, more powerful." ~Agnes De Mille





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**CHANTAL'S DANCE
ACADEMY**

We're on the web:
www.chantalsdanceacademy.com

Chantal's Dance Academy is a fun and relaxed place for your child to learn the art of dance. We strive to maintain a fun and professional atmosphere. If you have any question, concerns or suggestions please contact the office and speak to Michelle. We are here to help you!



Characteristics of Modern Dance

Modern dance encourages dancers to use their emotions and moods to design their own steps and routines. It is not unusual for modern dancers to invent new steps for their routines, instead of following a structured code of technique as in ballet.

Another characteristic of modern dance in opposition to ballet is the deliberate use of gravity. Whereas

classical ballet dancers strive to be light and airy on their feet, modern dancers often use their body weight to enhance movement. A modern dancer rejects the classical ballet stance of an upright, erect body, often opting instead for deliberate falls to the floor.

Modern dancers use dancing to express their innermost emotions, often to get closer to their inner-selves.

Before attempting to choreograph a routine, the modern dancer decides which emotions to try to convey to the audience. Many modern dancers choose a subject near and dear to their hearts, such as a lost love or a personal failure. The dancer will choose music that relates to the story they wish to tell, or choose to use no music at all, and then choose a costume to reflect their chosen emotions.